



DEFINE DESIGN ALIGN

your business & life

Let go of everything that is blocking your path & create the space for what you truly desire."

Leah Goard

Clear Your Path

There is tremendous power in letting go of that which no longer serves you. The beliefs you have outgrown, the clothes that no longer fit, the relationships that don't support you. Where is your life calling you to focus on clearing your path to make the space for what you truly, deeply desire?

I invite you to answer the questions below & free yourself of that which block your light! They use the power of focusing on ONE thing at a time so you can bring each one to completion. Start here.

1. What is one internal belief that no longer serves you & is getting in the way of moving forward?
2. What is one relationship that needs to be cleaned up by expressing how you feel, re-defining it or letting it go?
3. What is one area in your house that needs to be cleaned up?
4. What is one area in your business or office that needs clearing & re-organization?

Now pull out your calendar & commit to the specific dates & times in the next 30 days to bring the above to completion. And don't forget to ask for help if you need it! Here's to clearing your path!