



DEFINE DESIGN ALIGN

"Reflection brings the clarity that unveils your path
so your new journey can begin."

2014 Annual Review

There is tremendous clarity, insight + knowledge that reflection brings. Before delving into what you want to create in 2015, I invite you to conduct your own exploration into the year gone past by answering the following questions in your journal.

1. What are your greatest high fives in 2014 in your personal life + business / career?
2. What are you most grateful for in 2014?
3. What are your greatest lessons of 2014?
4. Three words to describe how you predominantly felt throughout 2014?
5. What worked really well in your personal life that you will bring forward into the New Year?
6. What worked well in your business / career that you will bring forward into the New Year?
7. What didn't work well in your personal life, why + what will you do differently to improve this/ these?
8. What didn't work well in your business/career, why + what will you do differently to improve this/ these?
9. What are you going to let go of (internally or with others) as you move in to the New Year?
10. If you could wave a magic wand, what three things would you change in your personal life + business / career that would make the biggest impact? (Insight for 2015)